

CONFERENCE ON MYALGIC ENCEPHALOPATHY (ME) FOR HEALTH PERSONNEL, 12th June, 2009

Store Auditorium, Stavanger University Hospital, Stavanger, Norway

Organizer: Norwegian Myalgic Encephalopathy Association

Myalgic Encephalopathy and Chronic Fatigue Syndrome have long been poorly understood disorders. Using new biotechnological techniques the underlying pathophysiology of the syndrome(s) has been unmasked. Several treatable clinical entities have been discovered.

PROGRAMME

Chairpersons: Professor Ola Didrik Saugstad, MD, PhD and General Practitioner Mette Sophie Johnsgaard, MD

- 09:00 - 09:30 Registration, coffee/tea
- 09:30 - 09:35 **Welcome**
Ellen V. Piro, leader, Norwegian ME Association
- 09:35 -10:00 **ME in Norway**
Professor Ola Didrik Saugstad, MD, PhD, FRCPE, Department of Paediatric Research, Oslo University Hospital, Rikshospitalet
- 10:00 -10:15 **Film about a severely ill ME patient**
Facts & Figures
- 10:15 -10:45 **ME in 2009: Overview of Current Scientific Research Data Including a Study on Severely Disabled Norwegian Patients**
Professor Kenny De Meirleir, MD, PhD, Professor of Physiology, Pathophysiology and Medicine at the Vrije Universiteit Brussel, Belgium; Internist at Himmunitas Foundation, Brussels, Belgium
- 10:45 -11:00 Coffee/tea break
- 11:00 -11:45 **Scientifically Based Work-up in ME Patients**
Professor K. De Meirleir
- 11:45 -12:45 Lunch (open for questions from the press/media)
- 12:45 -13:15 **ME is a Treatable Disorder: Treatment Outcome Based on Scientifically Based Medicine**
Professor K. De Meirleir
- 13:15 -13:45 **Intolerances & Diet Guidelines in ME**
Christine Tobbach, BSc in Food Sciences, Dietician specialized in ME and Food Intolerances/Allergies, Himmunitas Foundation, Brussels, Belgium and Lillestrøm Helseklinikk
- 13:45-14:00 Coffee/tea break
- 14:00 -14:15 **Example of a Norwegian Clinic Specialized in ME/CFS**
General Practitioner Mette Sophie Johnsgaard, MD, Lillestrøm Helseklinikk
- 14:15 -14:30 **A Patient's Experience & short clips from coming documentary**
Anette Gilje, BA in Business Administration, Writer and Coach
Film directed by Pål Winsents, documentary filmmaker
- 14:30 -15:00 Open forum/Questions

Enrolment at: www.me-forening.no